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The word Mudra means posture and Vigyan means Science.

However, the word Mudra Vigyan is the science of acquiring the posture with the

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help of five
fingers which
denotes five
elements named
as fire, wind,
sky, earth and
water for
clearing out
anybody
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Vigyan Science |

Mudra Vigyan in

Delhi. The word

Mudra means

posture and

Vigyan means

Science.

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However, the word Mudra Vigyan is the science of acquiring the posture with the help of five fingers which denotes five elements named as fire, wind, sky, earth and water for clearing out

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